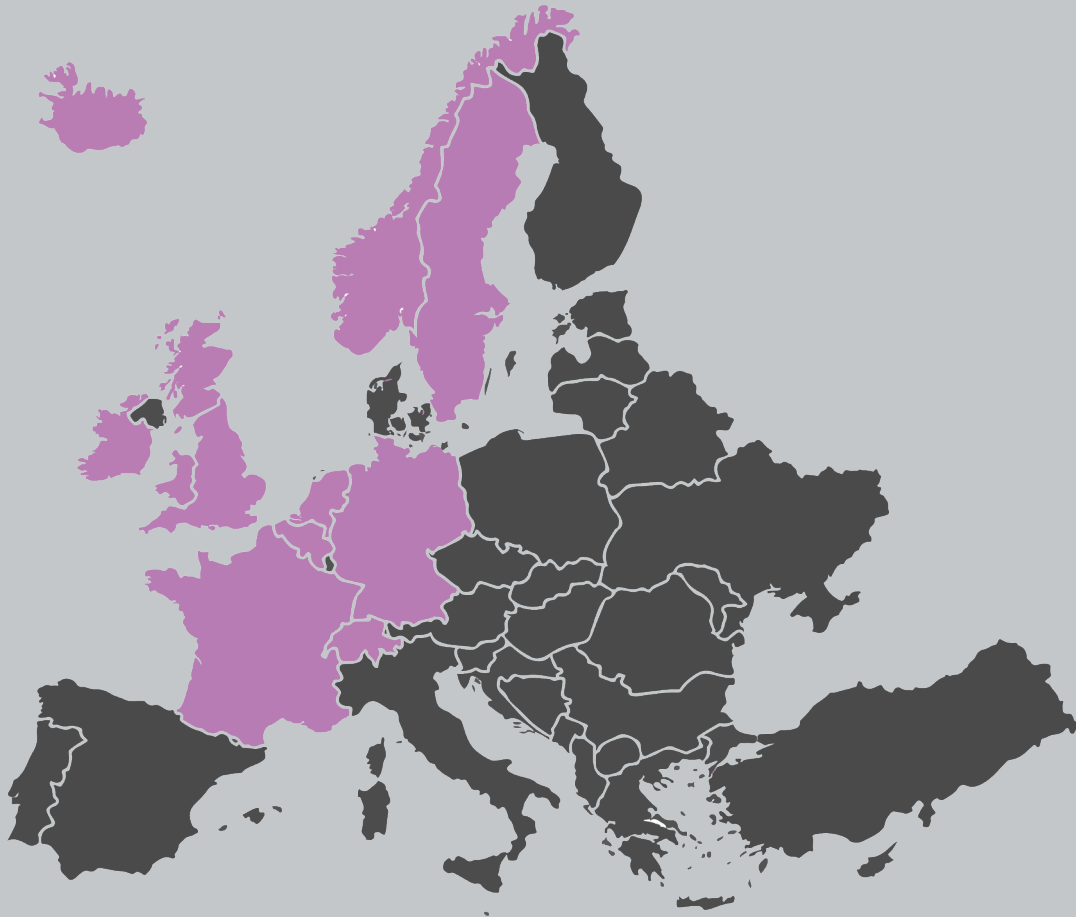


European Multisystemic Therapy (MST[®]) Research Summary



MST[®]
Services

Research Highlights

“

“Improved family outcomes”

Lange et al. (2019)

“Decreased youth problem behavior”

Keles et al. (2021)

“Effective treatment”

Bunting et al. (2021)

”

MST is an internationally recognized program for at-risk young people and their families. For more than 30 years, MST has consistently demonstrated positive outcomes with young people with chronic offending behaviors. Based on the program’s success, rigorous randomized trials were conducted to explore the feasibility and effects of adaptations of MST with other target populations. Results have been positive for treating problem sexual behavior, child abuse and neglect, substance abuse, serious emotional disturbances and chronic health care conditions. This document provides a summary of the many areas of MST research and proven outcomes conducted in Europe with traditional MST and MST clinical adaptations as well as research on the transport of MST to community practice settings.

Studies listed here represent the vast research done across the MST European community. For the full MST research please visit:

<http://info.mstservices.com/researchataglance-long>

RCT Independent

Ogden, T., & Halliday-Boykins, C. A. (2004). Multisystemic treatment of antisocial adolescents in Norway: Replication of clinical outcomes outside of the US. *Child & Adolescent Mental Health*, 9(2), 77–83. **FSRC Publication #248**

Ogden, T., & Hagen, K. A. (2006). Multisystemic treatment of serious behaviour problems in youth: Sustainability of effectiveness two years after intake. *Journal of Child and Adolescent Mental Health*, 11, 142–149. **FSRC Publication #264**

Asscher, J. J., Deković, M., Van der Laan, P. H., Prins, P. J. M., & Van Arum, S. (2007). Implementing randomized experiments in criminal justice settings: An evaluation of Multisystemic Therapy (MST) in The Netherlands. *Journal of Experimental Criminology*, 3, 113-129.

Sundell, K., Hansson, K., Lofholm, C. A., Olsson, T., Gustle, L. H., & Kadesjo, C. (2008). The transportability of MST to Sweden: Short-term results from a randomized trial of conduct-disordered youths. *Journal of Family Psychology*, 22, 550–560. **FSRC Publication #330**

Butler, S., Baruch, G., Hickley, N., & Fonagy, P. (2011). A randomized controlled trial of MST and a statutory therapeutic intervention for young offenders. *Journal of the American Academy of Child & Adolescent Psychiatry*, 50, 1220–1235. **FSRC Publication #398**

Manders, W. A., Deković, M., Asscher, J. J., Van der Laan, P. H., & Prins, P. J. M. (2011). De implementatie van Multisysteem Therapie in Nederland: de invloed van behandelintegriteit en nonspecifieke factoren op behandeluitkomsten. *Gedragstherapie*, 44, 327-340.

Asscher, J. J., Dekovic, M., Manders, W. A., van der Laan, P. H., & Prins, P. J. M. (2013). A randomized controlled trial of the effectiveness of multisystemic therapy in the Netherlands: Post-treatment changes and moderator effects. *Journal of Experimental Criminology*, 9, 169–187. **MSTS Publication #1083**

Asscher, J. J., Dekovic, M., Manders, W., van der Laan, P. H., Prins, P. J. M., & van Arum, S. (2014). Sustainability of the effects of multisystemic therapy for juvenile delinquents in the Netherlands: effects on delinquency and recidivism. *Journal of Experimental Criminology*, 10, 227–243. **MSTS Publication #1092**

Fonagy, P., Butler, S., Cottrell, D., Scott, S., Pilling, S., Eisler, I., Fuggle, P., Kraam, A., Byford, S., Wason, J., Ellison, R., Simes, E., Ganguli, P., Allison, E., & Goodyer, I. M. (2018). Multisystemic therapy versus management as usual in the treatment of adolescent antisocial behaviour (START): a pragmatic, randomized controlled, superiority trial. *Lancet Psychiatry*, 5, 119-133. **MSTS Publication #1610**

Fonagy, P., Butler, S., Cottrell, D., Scott, S., Pilling, S., Eisler, I., Fuggle, P., Kraam, A., Byford, S., Wason, J., Smith, J. A., Anokhina, A., Ellison, R., Simes, E., Ganguli, P., Allison, E., & Goodyer, I. M. (2020). Multisystemic therapy versus management as usual in the treatment of adolescent antisocial behavior (START): 5-year follow-up of a pragmatic, randomized, controlled, superiority trial. *Lancet Psychiatry*, 7, 420-430. **MSTS Publication #1706**

Benchmarking Studies- Independent

Ogden, T., Hagen, K. A., & Andersen, O. (2007). Sustainability of the effectiveness of a programme of multisystemic treatment (MST) across participant groups in the second year of operation. *Journal of Children's Services*, 2, 4–14. **FSRC Publication #312**

Boonstra, C., Jonkman, C., Soeteman, D.I., & Van Busschbach J.J. (2009). Multi System Therapie voor ernstig antisociale en delinquente jongeren: twee jaar follow-up studie. *Systeemtherapie*, 21, 94-105. **FSRC Publication #420**

Hukkelberg, S., Ogden, T. & Thøgersen, D.M. (2022). Youth Level of Service/Case Management Inventory Assessments as Predictors of Behavioral Change in Multisystemic Therapy and Functional Family Therapy in Norway. *Research on Social Work Practice* 2022, Vol. 0(0) 1–9. DOI: 10.1177/10497315221086641 **MSTS Publication #1750**

Cost Analysis/Cost Effectiveness

Olsson, T. M. (2009). Intervening in youth problem behavior in Sweden: a pragmatic cost analysis of MST from a randomized trial with conduct disordered youth. *International Journal of Social Welfare*, 19, 194–205. **FSRC Publication #417**

Olsson, T. M. (2010). MST with conduct disordered youth in Sweden: Costs and benefits after 2 years. *Research on Social Work Practice*, 20, 561–571. **FSRC Publication #418**

Cary, M., Butler, S., Baruch, G., Hickey, N., & Byford, S. (2013). Economic evaluation of multisystemic therapy for young people at risk for continuing criminal activity in the UK. *PLoS ONE* 8(4): e61070. **MSTS Publication #1082**

Vermeulen, K. M., Jansen, D. E. M. C., Knorth, E. J., Buskens, E., & Reijneveld, S. A. (2017). Cost-effectiveness of multisystemic therapy versus usual treatment for young people with antisocial problems. *Criminal Behaviour and Mental Health*, 27, 89–102. **MSTS Publication #1572**

European Research Summary 2022

Implementation Research/Studies Independent

- Gustle, L. H., Hansson, K., Sundell, K., Lundh, L. G., & Lofholm, C. A. (2007). Blueprints in Sweden. Symptom load in Swedish adolescents in studies of functional family therapy (FFT), multisystemic therapy (MST) and multidimensional treatment foster care (MTFC). *Nordic Journal of Psychiatry*, 61, 443 – 451. **MSTS Publication #1020**
- Ogden, T., Bjernebekk, G., Kjobli, J., Patras, J., Christiansen, T., Taraldsen, K., & Tollefsen, N. (2012). Measurement of implementation components ten years after a nationwide introduction of empirically supported programs – a pilot study. *Implementation Science*, 7:49. **FSRC Publication #416**
- Wilpert, J., Van Horn, J., & Van der Rijken, R. (2013). Tolken bij Multi Systeem Therapie (MST): barrière of brug? *Kind en Adolescent*, 34, 208-220.
- Hendriks, M. E. D., Lange, A. M. C., Boonstoppel-Boender, M., & Van der Rijken, R. E. A. (2014). Functional Family Therapy en Multi Systeem Therapie: Een vergelijking van doelgroepen. *Orthopedagogiek: Onderzoek en Praktijk*, 53, 355-366. **MSTS Publication #1109 in Dutch**
- Van Logten, A., Lange, A., Cima, M., & Van der Rijken, R. E. A. (2016). Functionele Gezinstherapie en Multi Systeem Therapie: Een onderzoek naar de stabiliteit van doelgroepen en behandelresultaten in Nederland. *Orthopedagogiek: Onderzoek en Praktijk*, 55, 51-64.
- Van der Rijken, R. E. A., Bijlsma, E., Wilpert, J., van Horn, J. E., van Geffen, W. and van Busschbach, J. J. (2016). Using Interpreters in Mental Health Care: An Exploration of Multisystemic Therapy Outcomes. *Journal of Emotional and Behavioral Disorders*, 24(2), 92 –100. **MSTS Publication #1503 in Dutch**
- Ter Beek, E., van der Rijken, R. E. A., Kuiper, C. H. Z., Hendriks, J., & Stams, G. J. J. M. (2018). The allocation of sexually transgressive juveniles to intensive specialized treatment: An assessment of the application of RNR principles. *International Journal of Offender Therapy and Comparative Criminology*, 62, 1179-1200. **MSTS Publication #1615**
- Dik, M., Kiers, N., Waanders, S. & Lange, A. (2020). Invloed van de transitie in de jeugdzorg op doelgroep en uitkomsten van Functional Family Therapy en Multisysteem Therapie. Manuscript added for publication.
- Eide, S.Ø. & Solberg, J.B. (2021). Skolefungering hos ungdom med atferdsvansker etter mottatt Multisystemisk terapi (MST). Hovedoppgave ved Psykologisk institutt, Universitetet i Oslo. (School functioning in adolescents with serious conduct problems after receiving MST. Master thesis, Institute of Psychology, University of Oslo.)
- Lange, A. M. C., Delsing, M. J. M. H., van Geffen, M., & Scholte, R. H. J. (2021). Alliance between therapist and multi-stressed families during the COVID-19 pandemic: The effect of family-based videoconferencing. *Child & Youth Care Forum*. Advance online publication. doi.org/10.1007/s10566-021-09644-y **MSTS Publication #1728**

Quality Assurance System/TAM-R

- Lofholm, C. A., Eichas, K., & Sundell, K. (2014). The Swedish implementation of multisystemic therapy for adolescents: Does treatment experience predict treatment adherence. *Journal of Clinical Child & Adolescent Psychology*, 43, 643 – 655. **MSTS Publication #1095**
- Lange, A. M. C., Scholte, R. H. J., van Geffen, W., Timman, R., Busschbach, J. J. V., & van der Rijken, R. E. A. (2016). The lack of cross-national equivalence of a therapist adherence measure (TAM-R) in multisystemic therapy (MST). *European Journal of Psychological Assessment*, 32, 312 – 325. **MSTS Publication #1507**
- Lange, A. M. C., van der Rijken, R. E. A., Busschbach, J. J. V., Delsing, M. J. M. H., & Scholte, R. H. J. (2017). It's not just the therapist: Therapist and country-wide experience predict therapist adherence and adolescent outcome. *Child Youth Care Forum*, 46, 455 – 471. **MSTS Publication #1566**
- Lange, A. M. C., Van der Rijken, R. E. A., Delsing, M. J. M. H., Busschbach, J. J. V., van Horn, J. E., & Scholte, R. H. J. (2017). Alliance and adherence in a systemic therapy. *Child and Adolescent Mental Health*, 22, 148 –154. **MSTS Publication #1515**
- Lange, A. M. C., van der Rijken, R. E. A., Delsing, M. J. M. H., Busschbach, J. J. V., & Scholte, R. H. J. (2019). Development of therapist adherence in relation to treatment outcomes of adolescents with behavioral problems. *Journal of Clinical Child & Adolescent Psychology*, 48, S337-S346. doi.org/10.1080/15374416.2018.1477049 **MSTS Publication #1613**
- Lange, A., Van der Rijken, R., Delsing, M., Van Busschbach, J., Van Horn, J., & Scholte, R. (2019). Alliantie en modeltrouw: Een goede match? *Orthopedagogiek: Onderzoek & Praktijk*, 58, 250-262.
- Lange, A., Delsing, M., Scholte, R., & Van der Rijken, R. E. A. (2020). Factorial structure of the Therapist Adherence Measure-Revised (TAM-R) within Multisystemic Therapy. *European Journal of Psychological Assessment*, 36(2), 1-5. doi.org/10.1027/1015-5759/a000505 **MSTS Publication #1658**

Meta-Analysis Independent

- Van der Stouwe, T., Asscher, J. J., Stams, G. J. J. M., Dekovic, M., & Van der Laan, P. H. (2014). The effectiveness of multisystemic therapy (MST): A metaanalysis. *Clinical Psychology Review*, 34, 468 – 481. **MSTS Publication #1100**

European Research Summary 2022

Treatment Process – Independent

Dekovic, M., Asscher, J. J., Manders, W. A., Prins, P. J. M., & Van der Laan, P. (2012). Within-intervention change: Mediators of intervention effects during multisystemic therapy. *Journal of Consulting and Clinical Psychology*, 80, 574 – 587. **FSRC Publication #413**

Kavelaars, M., Van Geffen, W., & Van der Rijken R. (2012). Multi Systeem Therapie: Een evidence based behandelmethode voor ernstig antisociale jongeren. *Tijdschrift Klinische Psychologie*, 42, 105-116.

Manders, W. A., Dekovic, M., Asscher, J. J., van der Laan, P. H., & Prins, P. J. M. (2013). Psychopathy as predictor and moderator of multisystemic therapy outcomes among adolescents treated for antisocial behavior. *Journal of Abnormal Child Psychology*, 41, 1121–1132. **MSTS Publication #1084**

Asscher, J. J., Dekovic, M., van den Akker, A. L., Manders, W. A., Prins, P. J. M., van der Laan, P. H., & Prinzie, P. (2016). Do personality traits affect responsiveness of juvenile delinquents to treatment? *Journal of Research in Personality*, 63, 44 – 50. **MSTS Publication #1513**

Mertens, E. C. A., Dekovic, M., Asscher, J. J., & Manders, W. A. (2017). Heterogeneity in response during multisystemic therapy: Exploring subgroups and predictors. *Journal of Abnormal Child Psychology*, 45, 1285 –1295. **MSTS Publication #1568**

Asscher, J. J., Dekovic, M., Van den Akker, A. L., Prins, P. J. M., & Van der Laan, P. H. (2018). Do extremely violent juveniles respond differently to treatment? *International Journal of Offender Therapy and Comparative Criminology*, 62, 958-977. **MSTS Publication #1614**

Keles, S., Taraldsen, K., Olseth, A. R., (2021) Identification of Multisystemic Therapy (MST) Subgroups with Distinct Trajectories on Ultimate Outcomes in Norway. *Research on Child and Adolescent Psychopathology*, 49, 429–442. doi.org/10.1007/s10802-020-00735-3 **MSTS Publication #1722**

Blanckstein, A. M. M. M., Van der Rijken, R. E. A., Broekhoven, J. L., Lange, A. M. C., Simons, I., Van Domburgh, L., Van Santvoort, F., & Scholte, R. H. J. (2022). Residential youth care combined with systemic interventions: Exploring relationships between family-centered care and outcomes. **MSTS Publication #1753**

Quasi-Experimental – Independent

Eeren, H. V., Goossens, L. M. A., Scholte, R. H. J., Busschbach, J. J. V., & van der Rijken, R. E. A. (2018). Multisystemic therapy and functional family therapy compared on their effectiveness using the propensity score method. *Journal of Abnormal Child Psychology*, 46, 1037-1050. **MSTS Publication #1609**

Visscher, L., Reijneveld, S. A., Knot-Dickscheit, J., Van Yperen, T. A., Scholte, R. H. J., Delsing, M. J. M. H., Evenboer, K. E., & Jansen, D. E. M. C. (2021). Toward tailored care for families with multiple problems: A quasi-experimental study on effective elements of care. **MSTS Publication #1751**

Qualitative Studies

Ali Ramon Karamat & Daniel Bachicha L (2012). Systemic supervision practices compared: A closer look at ‘reflection’ and ‘self’ in Multisystemic Therapy and Family Therapy supervision. *Clin Child Psychology and Psychiatry* 2012 17: 192 DOI: 10.1177/1359014512442058 **MSTS Publication #1072**

Tighe, A., Pistrang, N., Casdagli, L., Baruch, G., & Butler, S. (2012). Multisystemic therapy for young offenders: Families’ experiences of therapeutic processes and outcomes. *Journal of Family Psychology*, 26, 187–197. **FSRC Publication #408**

Paradisopoulos, D., Pote, H., Fox, S., & Kaur, P. (2015). Developing a model of sustained change following multisystemic therapy: young people’s perspectives. *Journal of Family Therapy*, 37, 471– 491. **MSTS Publication #1102**

Kaur, P., Pote, H., Fox, S., Paradisopoulos, D. A. (2017). Sustaining change following multisystemic therapy: caregiver’s perspectives. *Journal of Family Therapy*, 39, 264 – 283. **MSTS Publication #1104**

Fox, S., Bibi, F., Millar, H., & Holland, A. (2017). The role of cultural factors in engagement and change in multisystemic therapy (MST). *Journal of Family Therapy*, 39, 243 – 263. **MSTS Publication #1505**

Harrison-Stewart, B., Fox, S., & Millar, H. (2018). Multisystemic Therapy in families of adopted young people referred for antisocial behaviour problems. *Adoption & Fostering*, 42, 162-175. **MSTS Publication #1611**

Bunting, A., Fox, S., Adhyaru, J., Holland, A. (2021) Considerations for minority ethnic young people in multisystemic therapy. *Clinical Child Psychology and Psychiatry* 2021, Vol. 26(1) 268–282. DOI: 10.1177/1359104520969762282 **MSTS Publication #1704**

Jethwa, J., Glorney, E., Adhyaru, J., & Lawson, A. (2021). A grounded theory of multisystemic therapy roles in achieving positive outcomes for young people and families. *Journal of Family Therapy*. Advance online publication. doi:10.1111/1467-6427.12287 **MSTS Publication #1707**

Qualitative Studies Cont.

Conroy, D., Smith, J. A., Butler, S., Byford, S., Cottrell, D., Kraam, A., Fonagy, P., Ellison, R., Simes, E., & Anokhina, A. (2021). The long-term impact of multisystemic therapy: An experiential study of adolescent-young adult life transition. *Journal of Adolescent Research*. Advance online publication. doi:10.1177/07435584211025323 **MSTS Publication #1726**

Visscher, L., Jansen, D. E. M. C., Scholte, R. H. J., Van Yperen, T. A., Evenboer, K. E., & Reijneveld, S. A. (2022). Elements of care that matter: Perspectives of families with multiple problems. **MSTS Publication #1752**

Pilot Studies

Lange, A., De Vuyst, K., De Bruijn, J., & Van der Rijken, R. (2013). Multisysteem therapie voor mensen met een LVB: Een pilot studie. In: R. Didden & X. Moonen (Red.), *Met het oog op behandeling 3: Diagnostiek en behandeling van gedragsproblematiek bij mensen met een licht verstandelijke beperking* (pp. 61-67). Amersfoort: Bergdrukkerij. In Dutch

Lange, A., De Vuyst, K., & Van der Rijken, R. (2014). Multi Systeem Therapie voor mensen met een LVB: Een pilotonderzoek. *Onderzoek & Praktijk*, 12, 15-22.

Rovers, A., Blanckstein, A., Van der Rijken, R., Scholte, R., & Lange, A. (2019). Treatment outcomes of a shortened secure residential stay combined with multi systemic therapy: A pilot study. *International Journal of Offender Therapy and Comparative Criminology*, 63, 2654-2671.

Pilot Studies/Clinical Practices

Wells, C., Adhyaru, J., Cannon, J., Lamond, M., & Baruch, G. (2010). Multisystemic therapy (MST) for youth offending, psychiatric disorder and substance abuse: Case examples from a UK MST team. *Child and Adolescent Mental Health*, 15, 142 – 149. **MSTS Publication #1050**

Ashmore, Z., & Fox, S. (2011). How does the delivery of multisystemic therapy to adolescents and their families challenge practice in traditional services in the Criminal Justice System? *British Journal of Forensic Practice*, 13, 25 – 31.

Van den Hoven, E., Joosten, W., Kuijpers, F., Leunissen, J., & Van der Rijken, R. (2014). Multisysteemtherapie bij autismespectrumstoornissen. *Kind en Adolescent Praktijk*, 4, 180-187.

Ogbuagu, B. C. (2018). Black, young & conduct disordered: Extrapolating Scott Henggeler's multisystemic psychotherapy paradigm for the attenuation of at-risk behaviors of black youth in North America. *European Scientific Journal*, 14, 89-120. **MSTS Publication #1628**

Naughton, C., Redmond, S., & Coonan, B. (2019). Evaluation of The Bail Supervision Scheme for Children (Pilot Scheme). Department of Children and Youth Affairs, published online: <https://www.gov.ie/en/publication/0a6bc8-evaluation-of-the-bail-supervision-scheme-for-children-pilot-scheme/> **MSTS Publication #1684**

To order an MST-related publication online, simply send an email with the publication number in the subject line (e.g., FSRC #104, MSTS #1095, etc.) to Network.Partner@mstservices.com

Footnotes:

1. All treatment effects pertain to MST unless otherwise noted.
2. Counties randomized to organizational intervention conditions, youth in counties randomized to MST or usual care.

For more information about MST, training in MST, MST research projects or research publications, visit mstservices.com or call MST Services at (843) 856-8226.

European Research Summary 2022

Adaptations

MST - Problem Sexual Behavior

- Boonstra, C. & Van der Rijken, R. (2010). Multisysteemtherapie voor jongeren met seksueel grensoverschrijdend gedrag. *Kind en Adolescent Praktijk*, 4, 150-157.
- Boonstra, C. & Van der Rijken, R. (2016). Multi Systeem Therapie voor jongeren met seksueel grensoverschrijdend gedrag. In: I. Weijers (Red.), *Justitiële interventies voor jeugdige daders en risicojongeren* (pp. 259-270). Den Haag: Boom criminologie.
- Boonstra, A.C., Doelman, E.H.J., Lange, A.M.C., & Van der Rijken, R.E.A. (2018). MST-PSB: A retrospective study into the treatment outcomes of Multi System Therapy for young people with serious sexual transgressive behavior, MST-PSB. *Kind & Adolescent*, 39, 282-296. In Dutch
- Ter Beek, E., Spruit, A., Kuiper, C. H. Z., van der Rijken, R. E. A., Hendriks, J., & Stams, G. J. J. M. (2018). Treatment effect on recidivism for juveniles who have sexually offended: A multilevel meta-analysis. *Journal of Abnormal Child Psychology*, 46,543-556. **MSTS Publication #1629**
- Ter Beek, E., Kuiper, C. H. Z., van der Rijken, R. E. A., Spruit, A., Stams, G. J. J. M., & Hendriks, J. (2018). Treatment effect on psychosocial functioning of juveniles with harmful sexual behavior: A multilevel meta-analysis. *Aggression and Violent Behavior*, 39, 116-128.

MST- Substance Abuse

- Winters, K. C., Botzet, A. M., Stinchfield, R., Gonzales-Castaneda, R., Finch, A. J., Piehler, T. F., Ausherbauer, K., Chalmers, K., & Hemze, A. (2018). Adolescent substance abuse treatment: A review of evidence-based research (pp. 141-171). In C. G. Leukefeld & T. P. Gullotta (Eds.), *Adolescent substance abuse, issues in children's and families' lives*. Berlin, Germany: Springer Science + Business Media. **MSTS Publication #1632**

MST- Child Abuse and Neglect

- Kamphuis, F. N., Brand-De Wilde, O. M., & Van Der Rijken, R. E. A. (2015). Multi Systeem Therapie bij kindermishandeling (MST-CAN): beschrijving van de behandeling, de psychiatrische problematiek en de rol van de psychiater. *Tijdschrift voor Psychiatrie*, 57, 561 – 568. **MSTS Publication #1213 In Dutch**
- Van der Put, C. E., Assink, M., Gubbels, J., & van Solinge, N. F. B. (2018). Identifying effective components of child maltreatment interventions: A meta-analysis. *Clinical Child and Family Psychology Review*, 21, 171-202. **MSTS Publication#1631**
- Hefti, S., Perez, T., Rhiner, B., Furstenau, U., & Schmid, M. (2019). Multisystemische therapie kinderschutz (MST-CAN): Wie erleben die zuweisenden fachkräfte MST-CAN? – Ergebnisse einer qualitativen untersuchung. *Trauma & Gewalt*, 13, 62-77. DOI: 10.21706/TG-13-1-62 **MSTS Publication #1683 In German** Multisystemic therapy child protection (MST-CAN): How do referring specialists experience MST-CAN? - Results of a qualitative study. *Trauma & Violence*, 13, 62-77 DOI: 10.21706/TG-13-1-62 **MSTS Publication #1683 In English**
- Buderer, C., Hefti, S., Fux, E., Perez, T., Swenson, C. C., Furstenau, U., Rhiner, B., & Schmid, M. (2020). Effects of Multisystemic Therapy for Child Abuse and Neglect on severity of neglect, behavioral and emotional problems, and attachment disorder symptoms in children. *Children and Youth Services Review*. Advance online publication. doi:org/10.1016/j.childyouth.2020.105626 **MSTS Publication #1703**
- Hefti, S., Perez, T., Furstenau, U., Rhiner, B., Swenson, C. C., & Schmid, M. (2020). Multisystemic therapy for child abuse and neglect: Do parents show improvement in parental mental health problems and parental distress? *Journal of Marital and Family Therapy*, 46, 95-109. doi:10.1111/jmft.12367 **MSTS Publication #1617**
- Melinder, A., Formo Hay A., & Christensen B., (2021) The right method can prevent care takeover <https://psykologtidsskriftet.no/debatt/2020/12/rett-metode-kan-forebygge-omsorgsovertagelse>
- Thuve, E., Aamnes, D., & Melinder, A. (2021). A pilot study of MST-CAN in Norway. *Journal of the Norwegian Psychological Association*, 58, 18-28. **MSTS Publication #1720**
- Bijlsma, A.M.E., Van der Put, C.E., Overbeek, G., Van Geffen, M., & Assink, M. (2022). Differences in developmental problems between victims of different types of child maltreatment. **MSTS Publication #1754**

European Research Summary 2022

MST Enhancements

Intellectual Disabilities

Blankestein, A., Van der Rijken, R., De Vuyst, K., de Bruijn, J., Moonen, X., Leunissen, J., & Didden, R. (2016). Multisysteemtherapie voor jongeren met een licht verstandelijke beperking en hun ouders: Een onderzoek naar de effectiviteit van een ambulante systeemgerichte interventie. *Directieve Therapie*, 36, 204-219.

Blankestein, A., Van der Rijken, R., Eeren, H. V., Lange, A., Scholte, R., Moonen, X., De Vuyst, K., Leunissen, J., Didden, R. (2019). Evaluating the effects of multisystemic therapy for adolescents with intellectual disabilities and antisocial or delinquent behaviour and their parents. *Journal of Applied Research in Intellectual Disabilities*, 32, 575-590. DOI: 10.1111/jar.12551 **MSTS Publication #1655**

Blankestein, A., Lange, A., Van der Rijken, R., Scholte, R., Moonen, X., & Didden, R. (2020). Brief report: Follow-up outcomes of multisystemic therapy for adolescents with an intellectual disability and the relation with parental intellectual disability. *Journal of Applied Research in Intellectual Disabilities*, 33, 618-624. DOI: 10.1111/jar.12691 **MSTS Publication #1709**

Pattni, S., Fox, S., & Glorney, E. (2022). Therapist and supervisor experiences of the application of standard MST to young people with suspected or diagnosed Level 1 Autistic Spectrum Disorder. *Journal Family Therapy*. DOI: 10.1111/1467-6427.12396 **MSTS Publication #1749**



Recent Book Chapters and Reviews Featuring MST in Europe

2014

- McCart, M. R., Ogden, T., & Henggeler, S. W. (2014). Youth who have broken the law. In G. B. Melton, A. Ben-Arieh, J. Cashmore, G. S. Goodman, & N. K. Worley (Eds.), *The SAGE handbook of child research* (pp. 266 – 284). London, England: Sage Publications. **MSTS Publication #1112**
- Van der Stouwe, T., Asscher, J. J., Stams, G. J. J. M., Dekovic, M., & Van der Laan, P. H. (2014). The effectiveness of multisystemic therapy (MST): A meta-analysis. *Clinical Psychology Review*, 34, 468 – 481. **MSTS Publication #1100**

2015

- Euser, S., Alink, L. R. A., Stoltenborgh, M., Bakermans-Kranenburg, M. J., & van Ijzendoorn, M. H. (2015). A gloomy picture: a meta-analysis of randomized controlled trials reveals disappointing effectiveness of programs aiming at preventing child maltreatment. *BMC Public Health*, 15:1068. **MSTS Publication #1200**
- Fox, S., & Ashmore, Z. (2015). Multisystemic therapy as an intervention for young people on the edge of care. *British Journal of Social Work*, 35, 1968 – 1984.
- Fox, S., & Ritchie, B. (2015). Psychological practice in community settings. In Rogers, A., Harvey, J., & Law, H. (Eds.), *Young People in Forensic Mental Health Settings: Psychological Thinking and Practice*. Palgrave Publishers Ltd. Hampshire.

2016

- Farrington, D. P. (2016). Family influences on offending and family-based intervention. In H. Kury, S. Redo, & E. Shea (Eds.), *Women and children as victims and offenders: Background, prevention, reintegration: Suggestions for succeeding generations* (pp. 211 – 237). Cham, Switzerland: Springer International Publishing.

2017

- Tan, J. X., Fajardo, M. L. R. (2017). Efficacy of multisystemic therapy in youths aged 10-17 with severe antisocial behaviour and emotional disorders: systematic review. *London Journal of Primary Care*, 9, 95-103. **MSTS Publication #1577**
- Fox, S., & Jones, H. Systemic interventions. (2017). In Bailey, S., Tarbuck, P & Chitsabesan, P. (Eds.). *The Mental Health Needs of Young Offenders*. Cambridge Press.
- Kroes, G., Van der Rijken, R.E.A., Van Bommel, R., Bolt, A., & Van Bommel, M. (2017). Kenniscentra en het monitoren van de kwaliteit van interventies. In: T. van Yperen, J.W. Veerman, & B. Bijl (Red.), *Zicht op Effectiviteit*. Rotterdam: Lemniscaat BV.

2019

- Williams, H. W., Tonks, J., & Fox, S. (2019). Psychotherapy for children and young people with brain injury in conflict with the law. In E. Cole, & J. Jim. (Eds.). *Innovations in Therapy for Paediatric Acquired Brain Injury: Systemic, Integrative & Narrative Approaches*.

Recent Book Chapters and Reviews Featuring MST in Europe

2020

- Collyer, H., Eisler, I., & Woolgar, M. (2020). Systematic literature review and meta-analysis of the relationship between adherence, competence and outcome in psychotherapy for children and adolescents. *European Child & Adolescent Psychiatry*, 29, 417-431. doi.org/10.1007/s00787-018-1265-2 **MSTS Publication #1671**
- Knibb, R. C., Alviani, C., Garriga-Baraut, T., Mortz, C. G., Vazquez-Ortiz, M. et al. (2020). The effectiveness of interventions to improve self-management for adolescents and young adults with allergic conditions: A systematic review. *Allergy*, 75, 1881-1898. DOI:10.1111/all.14269 **MSTS Publication #1710**
- Moulson, H., Sanders, S., Coppin, S., & Meyrick, J. (2020). What psychosocial interventions work to reduce hospital admissions in people with diabetes and elevated HbA1c: A systematic review of the evidence. *Diabetic Medicine*, 37, 1280-1290. DOI:10.1111/dme.14332 **MSTS Publication #1711**
- Schnitzer, G., Terry, R., & Joscelyne, T. (2020). Adolescent sex offenders with autism spectrum conditions: Currently used treatment approaches and their impact. *The Journal of Forensic Psychiatry & Psychology*, 31, 17-40. doi.org/10.1080/14789949.2019.1659388
- Visscher, L., Evenboer, K. E., Scholte, R. H. J., van Yperen, T. A., Knot-Dickscheit, J., Jansen, D. E. M. C., & Reijneveld, S. A. (2020). Elucidating care for families with multiple problems in routine practice care: Self-registered practice and program elements of practitioners. *Children and Youth Services Review*. Advance online version. doi.org/10.1016/j.childyouth.2020.104856 **MSTS Publication #1714**
- Visscher, L., Jansen, D. E. M. C., Evenboer, K. E., van Yperen, T. A., Reijneveld, S. A., & Scholte, R. H. J. (2020). Interventions for families with multiple problems: Similar contents but divergent formats. *Child & Family Social Work*, 25, 8-17. DOI: 10.1111/cfs12646 **MSTS Publication #1681**

2021

- Clisu, D. A., Layther, I., Dover, D., Viner, R. M., Read, T., Cheesman, D., Hodges, S., & Hudson, L. D. (2021). Alternatives to mental health admissions for children and adolescents experiencing mental health crises: A systematic review of the literature. *Clinical Child Psychology and Psychiatry*. Advance online publication. doi:10.1177/13591045211044743 **MSTS Publication #1731**
- Cobbett, S. (2021). Systemic and family therapy with socially disadvantaged children and young people with complex trauma. *Journal of Family Therapy*. Advance online publication. doi:10.1111/1467-6427.12353 **MSTS Publication #1732**
- El-Banna, A., Petrou, S., Yiu, H. H. E., Daher, S., Forrester, D., Scourfield, J., Wilkins, D., Evans, R., Turley, R., & Wallace, S. (2021). Systematic review of economic evaluations of children's social care interventions. *Children and Youth Services Review*, 121. doi.org/10.1016/j.childyouth.2020.105864 **MSTS Publication #1735**
- Littell, J. H., Pigott, T. D., Nilsen, K. H., Green, S. J., & Montgomery, O. L. K. (2021). Multisystemic therapy for social, emotional, and behavioural problems in youth age 10 to 17: An updated systematic review and meta-analysis. *Campbell Systematic Reviews*. doi.org/10.1002/cl2.1158 **MSTS Publication #1738**
- Neo, S. H. F., Norton, S., Kavallari, D., & Canfield, M. (2021). Integrated treatment programmes for mothers with substance use problems: A systematic review and meta-analysis of interventions to prevent out-of-home child placements. *Journal of Child and Family Studies*, 30, 2877-2889. doi.org/10.1007/s10826-021-02099-8 **MSTS Publication #1739**
- Olsson, T. M., Langstrom, N., Skoog, T., Lofholm, C. A., Leander, L., Brolund, A., Ringborg, A., Nykanen, P., Syversson, A., & Sundell, K. (2021). Systematic review and meta-analysis of noninstitutional psychosocial interventions to prevent juvenile criminal recidivism. *Journal of Consulting and Clinical Psychology*, 89, 514-527. doi.org/10.1037/ccp0000652 **MSTS Publication #1740**



Network Partner Contact Information

MST Nederland en België

Address: Daviottenweg 40
City: 5222 BH Den Bosch
Zip Code: 412 66
Country: The Netherlands
Phone Number: +31 (0)73 2100501
Network Partner Organization: MST-Nederland/België
Website: www.multisysteemtherapie.nl
Supporting teams in: Nederland and België

MST-Sweden

Address: Sankt Sigfridsgatan 71
City: Göteborg
Zip Code: 412 66
Country: Sweden
Phone Number: +46 (0)31 403092
Network Partner Organization: MST-Sweden
Website: www.mst-sverige.se
Supporting teams in: Sweden

MST- UK and Ireland

Address: PO51 Institute of Psychiatry, Psychology & Neuroscience, 16 De Crespigny Park
City: London
Zip Code: SE5 8AF
Country: United Kingdom
Phone Number: +44 7787 510273
Network Partner Organization: MST-UK and Ireland
Website: www.mstuk.org
Supporting teams in: England, France, Ireland, Scotland, and Wales. Also covers Northern Ireland.

MST Services

Address: 3490 Piedmont Rd NE, Suite 304
City: Atlanta
State: Georgia
Zip Code: 30305
Country: United States
Phone Number: 843-856-8226
Network Partner Organization: MST Services
Website: www.mstservices.com
Supporting teams in: Germany, Switzerland and Iceland

The Norwegian Center for Child Behavioral Development

Address: Essendropsgt 3, 5. Etasje
City: Oslo
Zip Code: 368
Country: Norway
Network Partner Organization: The Norwegian Center for Child Behavior Development
Website: www.nubu.no/MST
Supporting teams in: Norway



MST[®]
Services

Proven Results
for Families and Communities

Website: www.mstservices.com

Email: info@mstservices.com